# Course Description

This course provides an overview of service delivery systems in the community mental health agency. Topics include community mental health agency funding sources, prevention, outreach, referral, client empowerment, traditional agency duties, roles and activities, and social policy.

# University Learning Outcomes (ULO)

* **ULO1:**Knowledge of Human Cultures and the Physical and Natural World
* **ULO2:**Intellectual and Practical Skills
* **ULO3:**Personal and Social Responsibility
* **ULO4:**Integrative and Applied Learning­
* **ULO5:**Immersed in the Critical Concerns of the Sisters of Mercy of the Americas

# Program Learning Outcomes (PLO)

* **PL01:** Establish a counseling identity. (ULO1, 3, 4, 5)
* **PL02:** Exhibit a strong, consistent counseling disposition. (ULO1, 3, 4, 5)
* **PL03:** Demonstrate proficiency in counseling knowledge and skills as outlined in the 2016 CACREP Standards, as applicable to each student’s concentration area. (ULO1, 2, 3, 4, 5)
* **PL04:** Demonstrate a multicultural sensitivity, knowledge, and competency. (ULO1, 3, 5)
* **PL05:** Implement the ethical guidelines of the American Counseling Association and its divisions in all counseling practices. (ULO2, 3, 4)
* **PL06:** Use evidence-based intervention and assessment techniques. (ULO2, 4)
* **PL07:** Articulate the necessity of counseling advocacy and engage in advocacy activities with regard to the Mercy tradition. (ULO5)
* **PL08:** Engage in lifelong learning. (ULO1, 2, 3, 4)

# Course Learning Outcomes (CLO)

* **CLO1:** Understand the mental health policy history and its effects on current state and national mental health policy and progress.
* **CLO2:** Demonstrate the philosophy of community mental health delivery systems and apply this philosophy to the Community Mental Health Agency duties, roles, and activities.
* **CLO3:** Articulate an understanding of the challenges facing Community Mental Health Agencies in the 21st century both on an organizational level and a diverse client level.
* **CLO4:** Implement plans for securing client funding in Community Mental Health Agencies.
* **CLO5:** Implement plans to assess and provide wellness programming to mental health consumers.

# CACREP Standards

* **1-b**. Foundations: theories and models related to clinical mental health counseling
* **2-a.** Contextual Dimensions: roles and settings of clinical mental health counselors
* **2-c.** Contextual Dimensions: mental health service delivery modalities within the continuum of care, such as inpatient, outpatient, partial

treatment and aftercare, and the mental health counseling services networks

* **2-i.** Contextual Dimensions: legislation and government policy relevant to clinical mental health counseling
* **2-m.** Contextual Dimensions: record keeping, third-party reimbursement, and other practice and management issues in clinical mental health

counseling

* **3-e.** Practice: strategies to advocate for persons with mental health issues

# Student Expectations

Students are expected to:

* Ask probing and insightful questions related to course content.
* Make meaningful and relevant connections and application to their own learning process.
* Be productive and contributing members of class discussions.

**Self-Disclosure:** As is common in most graduate Counseling courses, there will be opportunities in this class to talk about yourself and share personal thoughts, feelings, opinions, ideas, and experiences both in the online exercises and during the residency. You are in charge of monitoring your own level of comfort in self-disclosure. You will not be expected to disclose more about yourself than you choose to share. In the same respect, self-disclosure is a process that must be used with discretion and specific to course content and discussion. It should not detract from the lesson plan or normal group process related to course learning. Although this course may be therapeutic for some students, it is not intended to serve the purpose of therapy.

**Student Distress:** If any of our class topics trigger past trauma or present distress for you, please reach out to a helping professional for support. I will be happy to give you a referral—just ask.

**Confidentiality:** Both the instructor and students will need to protect the confidentiality of persons who may be described in various aspects of this course. Please practice discretion at all times. Caution: Descriptions may reveal more than names do. Your comments are not confidential where state law requires the reporting of threats of harm, violence, or child abuse and neglect (from evidence or suspicion), and when information is subpoenaed by the courts.

# Required Course Materials

Gladding, S. T., & Newsome, D. W. (2018). *Clinical mental health counseling in community and agency settings* (5th ed.). NY, NY: Pearson.

ISBN: 9780134386775 (Hardcopy textbook and an access card for MyLab Counseling and Pearson eText)

ISBN: 9780134524207 (For access card only for MyLab Counseling and Pearson eText)

*NOTE:* You must purchase MyCounselingLab access for this course. There are two options available: 1) purchase a MyCounselingLab access card, which provides access to the eText (ISBN: 9780134524207) or 2) purchase a hard copy textbook with a MyCounselingLab access card (ISBN: 9780134386775). Check the Gwynedd Mercy University Bookstore for specific information on the appropriate edition. **Please note that some versions of the textbook, such as the Amazon® Kindle® and VitalSource®** **versions, do not provide access to the MyCounselingLab feature.**

# Suggested Point Values

|  |  |  |
| --- | --- | --- |
| **Assessment** | **Point Value** | **Due** |
| **Week 1** |  |  |
| Discussion: Counseling History | 30 |  |
| Presentation: Ethics Violation | 50 |  |
| Discussion: Ethics Violation Presentation | 50 |  |
| Presentation (Group): Mental Health Professionals | 50 |  |
| Week 2 |  |  |
| Discussion: Mental Health Professionals Presentation | 50 |  |
| Case Study Discussion: Luke or Robin | 25 |  |
| Essay: Role of Assessment and Diagnosis | 30 |  |
| Presentation: Community Agency Interviews | 50 |  |
| Week 3 |  |  |
| Discussion: Community Agency Interviews Presentation | 50 |  |
| Discussion: Treating the Mentally Ill | 30 |  |
| Case Study Discussion: Anna | 25 |  |
| Essay: Levels of Care | 30 |  |
| Essay: Effects of Managed Care on MH Agencies, Counselors and Clients | 30 |  |
| Week 4 |  |  |
| Presentation: Assessment Tools | 50 |  |
| Discussion: Character Analysis | 30 |  |
| Week 5 |  |  |
| Discussion: Assessment Tools Presentation | 50 |  |
| Discussion: Suicide Prevention, Intervention, and Postvention | 30 |  |
| Case Study Discussion: Manuel | 25 |  |
| Journal: Multicultural Competency Self-Assessment and Reflection | 40 |  |
| Week 6 |  |  |
| Supporting Families Research Paper | 60 |  |
| Discussion: Youth Behavioral and Mental Health Concerns | 30 |  |
| Week 7 |  |  |
| Discussion: Advocacy | 30 |  |
| Discussion: Client Outcome Evaluations | 30 |  |
| Case Study Discussion: Jenny | 25 |  |
| Community-Based Resource Guide | 100 |  |
| **Total Points** | **1000** |  |

**Grading Scale**

|  |  |
| --- | --- |
| **Grade** | **Range** |
| A | 93 -100 |
| A- | 90 – 92 |
| B+ | 87 – 89 |
| B | 83 – 86 |
| B- | 80 – 82 |
| C+ | 77 – 79 |
| C | 73 – 76 |
| C- | 70 – 72 |
| D+ | 67 – 69 |
| D | 63 – 66 |
| D- | 60 – 62 |
| F | 59 |

# Course Schedule

|  |  |  |
| --- | --- | --- |
| **Week** | **Start** | **End** |
| One | <insert start date> | <insert end date> |
| Two |  |  |
| Three |  |  |
| Four |  |  |
| Five |  |  |
| Six |  |  |
| Seven |  |  |

# Weekly Learning Modules

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Week One: Foundations of Community and Agency-based Mental Health Counseling** | |  | | |
| ***Learning Objectives*** | | | ***Alignment*** | |
| * 1. Summarize milestone events in the field of community mental health counseling. | | | CLO1, CLO2 | |
| * 1. Differentiate between the types of therapeutic professionals and the types of therapeutic settings (public vs. private). | | | CLO2 | |
| * 1. Examine the continuum of care offered by various mental health service delivery systems. | | | CLO2, CLO3 | |
| * 1. Explain common legal and ethical concerns for clinical mental health counselors working in community settings. | | | CLO2 | |
| ***Resources, Activities, and Preparation***  *Utilize these resources and complete these activities in preparation for your graded assignments.* | | | ***Alignment*** | ***AIE*** |
| **Tutorials**  During this course, you will be asked to use and participate in various technologies to complete activities and assignments.  **Review** the tutorials available on Blackboard as needed.  **Click** the **Student Resources** button from the menu on the left. | | | N/A | N/A |
| **Presentation Tutorials**  Throughout this course, you are required to prepare narrated presentations using a presentation tool of your choice. Below are some resources for creating narrated presentations using PowerPoint, Adobe Spark, and Screencast-o-matic.   * [Record a slide show with narration and slide timings](https://support.office.com/en-us/article/Record-a-slide-show-with-narration-and-slide-timings-0b9502c6-5f6c-40ae-b1e7-e47d8741161c#OfficeVersion=2013,_2016). * [Turn your presentation into a video](https://support.office.com/en-us/article/turn-your-presentation-into-a-video-c140551f-cb37-4818-b5d4-3e30815c3e83). * [Create a narrated slideshow with Adobe Spark](https://www.youtube.com/watch?v=o2-c0Xp5of4). * [Create a narrated slideshow with Screencast-o-matic.](https://www.youtube.com/watch?v=eweRe4qhhME) | | | N/A | N/A |
| **Weekly Participation and Discussion**  The purpose of the weekly discussions is to provide you with a way to synthesize the concepts presented in this course. Each week, you will respond to the discussion questions with a substantive post of 200 to 250 words that addresses all the prompts for the question by 11:59 p.m. EST of the listed due date.  By the conclusion of each week, 11:59 p.m. EST on Sunday unless otherwise stated, you will make at least one substantive comment of no less than 150 words to your classmates’ posts for each assigned discussion question. Your comments must further the discussion by following the RISE Model for meaningful feedback.  It is recommended that you check in periodically throughout the week to ensure that you are meeting the participation requirement.  **Review** the following resources:   * [RISE Model for Peer Feedback](https://static1.squarespace.com/static/502c5d7e24aca01df4766eb3/t/582ca64415d5db470077cce7/1479321157165/RISE_info-peer.pdf) * Discussion Boards section in CNS 502 Course Assignment Grading Guidelines/Rubrics | | | Course | N/A |
| **Statements about Confidentiality, Self-Disclosure and Student Distress**  **Self-Disclosure:** As is common in most graduate Counseling courses, there will be opportunities in this class to talk about yourself and share personal thoughts, feelings, opinions, ideas, and experiences both in the online exercises and during the residency. You are in charge of monitoring your own level of comfort in self-disclosure. You will not be expected to disclose more about yourself than you choose to share. In the same respect, self-disclosure is a process that must be used with discretion and specific to course content and discussion. It should not detract from the lesson plan or normal group process related to course learning. Although this course may be therapeutic for some students, it is not intended to serve the purpose of therapy.  **Student Distress:** If any of our class topics trigger past trauma or present distress for you, please reach out to a helping professional for support. I will be happy to give you a referral—just ask.  **Confidentiality:** Both the instructor and students will need to protect the confidentiality of persons who may be described in various aspects of this course. Please practice discretion at all times. Caution: Descriptions may reveal more than names do. Your comments are not confidential where state law requires the reporting of threats of harm, violence, or child abuse and neglect (from evidence or suspicion), and when information is subpoenaed by the courts.  **Post**an acknowledgment that you have read and understood the above statements. | | | Course | N/A |
| **MyCounselingLab Student Information**  This course uses Pearson’s MyCounselingLab as a required supplemental resource. You should have purchased the textbook that included a MyCounselingLab access card.  Before Monday of Week 1, your instructor will provide you with a course ID.  Follow the directions below to enroll in the MyCounselingLab course:  1. **Go** to [MyCounselingLab](https://www.pearsonmylabandmastering.com/northamerica/mycounselinglab/).  2. Under Register, **select** Student.  3. **Confirm** you have the required information:   * Your email address * Your instructor's Course ID * MyCounselingLab access code (from your textbook)  1. **Select** *OK! Register now*. 2. **Enter the** course ID provided by your instructor and continue. 3. **Enter** your existing Pearson account username and password to Sign In. (If you have ever used a MyLab or Mastering product, you can use the login for that account). If you do not have an account, select Create and complete the required fields. 4. **Select** an access option and **enter** the access code that came with your textbook. 5. From the You're Done! page, **select** *Go to My Courses*. 6. On the My Courses page, **select** the course name *CNS 502* to start your work.   Additional direction related to specifc assignments are provided in the assignment details.  *Note:* Contact the instructor if he/she has not provided the Course ID. | | | Course | N/A |
| **Icebreaker Activity**  Welcome to the first week of the course!  **Prepare** a video introduction that includes responses to the following questions in the Student Introductions discussion forum by 11:59 p.m. EST on Wednesday:   * Briefly introduce yourself to your classmates. * What is your educational and professional background? * What would you like to get out of this course? * How would you define your own cultural identity? * How do you think your identity or identities will influence you as an educator in a multicultural and diverse school setting?   **Post** comments, additional questions, and/or ask for clarification to your classmates’ posts by Sunday 11:59 p.m. EST. | | | Course | Introduction post and share = **1 hour** |
| **Readings**  **Read** the following:   * Chapters 1 and 2 in *Clinical Mental Health Counseling in Community and Agency Settings*. * [ACA Code of Ethics](https://www.counseling.org/resources/aca-code-of-ethics.pdf) * [SAMSA Laws, Regulations, and Guidelines](https://www.samhsa.gov/laws-regulations-guidelines) * [Public Employment in Human Services](https://www.humanservicesedu.org/hs-employment.html)   **Post** any questions, comments, or observations to share with the class in the General Q & A discussion forum. | | | Week One | Readings = **1 hour** |
| **Videos**  **Log in** to [MyCounselingLab](https://www.pearsonmylabandmastering.com/northamerica/mycounselinglab/) and **enter** the *Clinical Mental Health Counseling* course.  **Select** *Video Resources* on the navigation menu located on the left. Then, **select** *Video Library* from the navigation menu and *Video Library* from the text on the screen.  Under Browse Content, **select** *Ethical, Legal, and Professional Issues.*  **Search** for and **watch** the following:   * “A Counselor Testifies in a Custody Dispute” (2:04) * “A Counselor is Sued for Malpractice” (2:50) * “A Counselor is Caught in the Middle” (1:23) | | | Week One | Videos = **.5 hours** |
| **Assignment Prep: Interview Presentation - Community Agency Research**  In Week 2, you will need to conduct two in-person interviews with community-based mental health counselors  in your geographic area. One interview will be with a community-based mental health counselor working in a private practice; the other interview will be with a community-based mental health counselor working in an agency setting.  Your interview will be focused on two components: roles and responsibilities of a mental health counselor in each setting and a description of the provider in each setting type.  **Review** the Community Agency Interviews Presentation assignment details in Week 2.  **Identify** the counselors to be interviewed and **schedule** the interview day(s) and time(s). | | | N/A | N/A |
| ***Supplemental Resources and Activities***  *Explore these optional resources to deepen your understanding.* | | | ***Alignment*** | ***AIE*** |
| **Adobe Connect Live Discussion**  **Review** [Adobe Connect Resources](https://sites.gmercyu.edu/student-resources/adobe-connect-resources/).  **Participate** in the scheduled live session with the course instructor. This session will provide an overview of the class and discuss the major assignments in the course.  **Prepare** to ask questions concerning the content of the week and the course as a whole.  *Note*: A recorded lecture will be made available to those who are unable to attend the live session. | | |  | Live Discussion: lecture and discussion = **1 hour** |
| ***Graded Assignments***  *Complete these graded assessments by the end of the week unless specified otherwise.* | | | ***Alignment*** | ***AIE*** |
| **Discussion: Counseling History**  **Log in** to [MyCounselingLab](https://www.pearsonmylabandmastering.com/northamerica/mycounselinglab/) and **enter** the *Clinical Mental Health Counseling* course.  **Select** *Assignment & Certification Practices* on the navigation menu located on the left. Then, **select** *Topic 4: Counseling in Mental Health and Private Practice* from the navigation menu and **select** *Exercise 4.5: History of MH Counseling.*  **Read** An Abbreviated History of Mental Health Counseling (located in MyCounselingLab).  **Write** a response to the following questions by Thursday 11:59 p.m. EST. Be sure to support your answers with supplemental research and cite resources.   * Select two specific events that you believe served as the most pivotal turning points for the Community Mental Health profession and explain why. * What was one of the primary influences in the growth of counseling as a​ profession? (Hint: Finances often drive the growth of professions.) * What was the primary source of funding for the counseling profession in the 20th​ century?   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | | 1.1 | Discussion: one post and replies to three other posts = **1 hour** |
| **Ethics Violation Presentation**  **Locate** the State Board of Professional Counselors website for the state in which you reside.  **Part 1**  **Select** one case of interest to review and complete the following:   * Summarize the complaint. * Add a link to the website where the complaint is located. * Identify the ACA Code(s) of Ethics violated in your chosen case. * Describe the board’s recommendations for the violation(s). Discuss if you agree or disagree with the recommendations and why.   *Note*: Be sure to maintain confidentiality by keeping personal information anonymous.  **Part 2**  **Assume** the role of the counselor’s supervisor and **develop** a plan for rectifying the situation using the Ethical Decision-Making Model.  **Create** a 3–5-slide narrated presentation of the case incorporating the requirements from Parts 1 and 2 above.  **Submit** your presentation by Thursday 11:59 p.m. EST. | | | 1.4 | Research and Presentation = **1.5 hours** |
| **Discussion: Ethics Violation Presentation**  **Submit** your Ethics Violation Presentation to the discussion forum by Thursday 11:59 p.m. EST.  **Review** your classmates’ presentations and **post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three feedback posts along with comments to classmates’ posts to you. | | | N/A | N/A |
| **Presentation (Group): Mental Health Professionals**  **Read** [Public Employment in Human Services](https://www.humanservicesedu.org/hs-employment.html).  Your instructor will divide the class into small groups of 2-3 students. Each group will be assigned to research details about one of the mental health professions discussed in Ch. 1 (social worker, psychiatrist, psychiatric mental health nurse, psychologist, and clinical mental health counselor).  With your group members, **conduct** research on the assigned mental health profession. Be sure to include the following details:   * Training requirements * Scope of practice * Common settings in which they work * The preferred model of treatment (e.g., medical model) * The continuum of care offered   **Create** a 5–10-minute narrated presentation using a tool of your choice (PowerPoint, Screencast-O-Matic, etc.).  **Submit** your presentation by 11:59 p.m. EST on Sunday. | | | 1.2, 1.3 | Research and presentation = **1 hour** |
| **Discussion: Mental Health Professionals Presentation**  **Identify** one member from your group to **submit** your Mental Health Professionalspresentation to the discussion forum by 11:59 p.m. EST on Sunday.  *Note*: Be sure to indicate the name of the mental health professional researched and the last names of each group member in the title of your thread. | | | 1.2, 1.3 | N/A |
| **Total** |  | |  | **6.0 hours** |

# Faculty Notes

**Course Setup**

**MyCounselingLab Faculty Information:** This course uses Pearson’s MyCounselingLab. Two weeks before your course begins, you will need to request access to MyCounselingLab and create a course so that students are able to access the resource videos. Please reference the *CNS 502 Faculty Directions for Requesting Access to Pearson’s MyCounselingLab* document for directions.

Once you have created your MyCounselingLab course (two weeks before your course begins), post an announcement in Blackboard with the Student Registration Instructions (including the Course ID) so that students can enroll in the course.

**General Questions and Discussion Forum:** This course includes a discussion forum for general questions, comments, and concerns. This forum is intended for any course-related commentary not found within a specific weekly discussion. This forum is not graded. Make sure to monitor this forum for student posts. You are encouraged to make an announcement advertising this forum and monitor and post regularly to build engagement.

**Discussion Forums** (not including the small group discussions)**:** As noted in the Discussion directions, students will post feedback to classmates’ initial responses by selecting a *Feedback* discussion starter thread, which should be set up by the instructor. In each discussion forum, you will need to add a discussion starter thread labeled *Feedback* to each discussion forum. The following directions should be added to the Feedback discussion starter thread: “Click *Reply* to add your feedback, replies, and commentary.”

This will ensure that feedback provided by students to their classmates will appear in one discussion thread as opposed to single discussions occurring in isolation.

**Adobe Connect:** Consider posting an announcement asking students to submit any questions or topics they'd like addressed ahead of time. The instructor can then utilize those questions that come up in the first part of the week to tailor the live Adobe Connect class session that would be scheduled toward the later part of the week. That 1-hour synchronous session will allow students the opportunity to go over any questions they have with the homework and clarify any misconceptions they have about the course content. All Adobe Connect sessions should be recorded and a link to the recording should be posted to the course page so any student who misses the session can review it later in the week.

*Note:* It is the instructor’s choice as to what day they will schedule the Adobe Connect Live Session, but it is recommended that they schedule this session for Wednesday of the week so students have plenty of time to review their homework prior to the deadline on Sunday.

**Ethics Violation Presentation and Discussion:** Students will contact you if they are having difficulty locating the State Board of Professional Counselors website for their state. Here are the sites for PA and NJ:

* For PA residents, you may visit: <https://www.dos.pa.gov/ProfessionalLicensing/VerifyaProfessional/DisciplinaryActions/Pages/default.aspx#.VBG8xvldUQ0>
* For NJ residents, you may visit: <https://newjersey.mylicense.com/verification_4_6/Search.aspx?facility=N>

**Mental Health Professionals Small Group Presentation:** You will need to divide the class into small groups of 2-3 students and assign each group one of the mental health professions discussed in Ch. 1 (social worker, psychiatrist, psychiatric mental health nurse, psychologist, and clinical mental health counselor). Groups will be researching one of the professions and preparing a presentation.

Post an announcement on Monday providing the details about who is assigned to which group and the profession to be researched.

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| --- | --- | --- | --- |
| Week Two: The Role and Responsibilities of the Community Mental Health Counselor | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Evaluate the roles and responsibilities of mental health counselors in community agencies. | | CLO2, CLO3 | |
| * 1. List the key elements of an intake interview. | | CLO2, CLO3 | |
| * 1. Describe how motivational counseling can help clients through the stages of change. | | CLO2, CLO3 | |
| * 1. Explain the process for referring a client. | | CLO2, CLO3 | |
| 1. Describe the role of assessment in community counseling. | | CLO2 | |
| ***Resources, Activities, and Preparation***  *Utilize these resources and complete these activities in preparation for your graded assignments.* | | ***Alignment*** | ***AIE*** |
| **Readings**  **Read** the following:   * Chapters 4 and 5 in *Clinical Mental Health Counseling in Community and Agency Settings*.   **Post** any questions, comments, or observations to share with the class in the General Q & A discussion forum. | | Week 2 | Readings = **1 hour** |
| ***Graded Assignments***  *Complete these graded assessments by the end of the week unless specified otherwise.* | | ***Alignment*** | ***AIE*** |
| **Discussion: Mental Health Professionals Presentation**  **Review** your groups’ presentations and **post** constructive criticism, clarification, additional questions, or your own relevant thoughts to each groups’ posts by Thursday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 1.2 | Discussion post = **1 hour** |
| **Case Study Discussion: Luke or Robin**    **Review** the Case of Luke and the Case of Robin in Chapter 4 of *Clinical Mental Health Counseling in Community and Agency Settings.*  **Select** one case to review.  **Imagine** that you are Luke’s or Robin’s counselor and complete the following:   * Using the sample Intake Interview (figure 4.4) as a guide, identify at least four (4) components of an intake that would be the most important to know in order to effectively work with the client (Luke or Robin) you choose. Provide a rationale for your choices. * Using the Stages of Change model, describe how you would work with Luke or Robin to assist with his or her challenges.   **Submit** your response by Thursday 11:59 p.m. EST.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 2.2, 2.3 | Case Study Discussion:  one post and replies to three other posts = **1.5 hours** |
| **Role of Assessment and Diagnosis Essay**  **Write** a 600–800-word essay supported by supplemental research that addresses the role of assessment and diagnosis in community counseling as well as its methods and purposes including the DO A CLIENT MAP model and the Biopsychosocial Assessment. Be sure your response incorporates the following prompts:   1. Describe three ways in which assessment facilitates the counseling process. 2. Describe seven of the 13 principles outlined by Hood and Johnson (2007) to help counselors *conduct* assessments skillfully. 3. Discuss the potential benefits and risks/limitations of diagnosis.   **Submit** your essay by Sunday 11:59 p.m. EST. | | 2.6 | Research and Essay =  **1.5 hours** |
| **Presentation: Community Agency Interviews**  **Interview** (in-person) two community-based mental health counselors (one in private practice and one who works for an agency)in your geographic area. Your interview will be focused on two components: roles and responsibilities of a mental health counselor in each setting and a description of the provider in each setting type. Be sure to include the following topics as part of your interview:   * Roles and Responsibilities of a Mental Health Counselor   + The processes used for client intake, record keeping, case notes, treatment planning, and referral   + The importance of record keeping, note taking, and treatment planning as it relates to meeting agency regulations   + Regulations and requirements regarding client payment systems (insurance, private funding, etc.)   + The impact of managed care on the practice of counseling   + Other information that you would like to know      * Description of the Mental Health Provider   + The mission, vision, or philosophy of the provider   + A description of the location and physical attributes of the provider (Was it a residential office, small business office, or a large facility? Was it in an area with other businesses or in a secluded area? Describe the ease of finding the location as well as the physical office layout.)     - Include your observations about the ambiance of both settings (Was one setting busier than the other? Observe the number of people in the waiting room, the number of phone calls made/received by the front desk staff, the look on employees’ faces, whether you felt rushed by the interviewer)   + The size, number of sites, number served, and accessibility   + The services provided and levels of care   + Special populations served   + Unique features of the agency   + Other information that you would like to know   **Create** a 5–7-slide narrated presentation that shares your experience interviewing each counselor and compares the differences/similarities between the two agency types (private practice and community-based agency).  **Submit** your presentation by Sunday 11:59 p.m. EST. | | 2.1, 2.2, 2.4, 2.5 | Research & presentation = **2 hours** |
| **Discussion**: **Community Agency Interviews Presentation**  **Submit** your Community Agency Interviews Presentation to the discussion forum by Sunday 11:59 p.m. EST. | | N/A | N/A |
| **Total** |  |  | **7 hours** |

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| --- | --- | --- | --- |
| Week Three: Clinical Mental Health Agencies, Services and the Managed Care System | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Understand the evolution of community mental health agencies and the services provided in these settings. | | CLO1, CLO4 | |
| * 1. Explain the regulatory oversight and funding implications of working in a private vs. public agency practice. | | CLO1, CLO2, CLO3 | |
| * 1. Examine the role that record keeping, treatment planning, and case notes have in meeting agencies’ regulations in a managed care environment. | | CLO1, CLO2, CLO3 | |
| * 1. Describe the levels of psychiatric care provided in clinical settings. | | CLO2 | |
| * 1. Discuss services provided by mental health counseling professionals in specialized clinical settings. | | CLO3 | |
| * 1. Evaluate the implication of managed care on mental health counselors. | | CLO1, CLO2, CLO3, CLO4 | |
| ***Resources, Activities, and Preparation***  *Utilize these resources and complete these activities in preparation for your graded assignments.* | | ***Alignment*** | ***AIE*** |
| **Readings and Videos**  **Read** the following:   * Chapters 14-15 in *Clinical Mental Health Counseling in Community and Agency Settings*. * [How to Keep Good Clinical Records](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5297955/) * State Regulations Pertaining to Clinical Records   + [Mental Health Procedures for State of Pennsylvania](https://www.pacode.com/secure/data/055/chapter5100/chap5100toc.html)   + State of New Jersey [Department of Human Services](https://www.state.nj.us/humanservices/providers/rulefees/regs/)   *Note:* if you reside in a state other than Pennsylvania and New Jersey, locate the state regulations for the state in which you reside.  **View** the following:   * [Social Policy: Crash Course Government and Politics](https://www.youtube.com/watch?v=mlxLX8Fto_A) [8:53] * [Treatment of Mentally Ill Throughout History](https://www.youtube.com/watch?v=syluA3NnHTw) [8:19] * [Psychiatric Hospitals & Community Mental Health Centers](https://www.youtube.com/watch?v=XNomwLZIiFI) (begin at 10:42, end at 43:12) [23:30]   **Post** any questions, comments, or observations to share with the class in the General Q & A discussion forum. | | Week 3 | Reading =  **1 hour** |
| **Assignment Prep & Sign-up: Assessment Tools Presentation**  In Week 4, you will review the following resources and select one assessment tool from each of the following categories (career assessments, adult personality, cognitive interventions) to further research.   * Pearson Behavioral Health Assessments - <https://images.pearsonclinical.com/images/ca/catalogs/Psych-Catalog/> * Pearson Clinical Psychology Assessments - <https://www.pearsonclinical.com/psychology.html> * Pearson Talent Assessments - <https://www.pearsonclinical.com/talent.html>   *Note*: It is recommended that you select an assessment that fits the population that you are currently working with or one with whom you would like to work.  **Navigate** to the Assessment Tools Presentation Sign-up Wiki.  **Post** your name and the assessment tool(s) that you would like to research to the next open row in the Wiki by clicking *Edit Wiki Content*.  *Note*: Only one student may sign up for each topic unless otherwise noted. | |  |  |
| ***Graded Assignments***  *Complete these graded assessments by the end of the week unless specified otherwise.* | | ***Alignment*** | ***AIE*** |
| **Discussion**: **Community Agency Interviews Presentation**  **Review** your classmates’ presentations and **post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Thursday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 2.1, 2.2, 2.4, 2.5 | Discussion: one post and replies to three other posts = **1 hour** |
| **Discussion: Treating the Mentally Ill**  **Write** a response to the following questions by Thursday 11:59 p.m. EST. Be sure to support your answers with supplemental research and cite resources.   * What parallels can you draw between the way patients were treated and how mental health agencies have evolved? * In which ways do patient treatment and mental health agencies still need to evolve? Support your answers with supplemental research.   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 3.1, 3.5 | Discussion: one post and replies to three other posts = **1 hour** |
| **Case Study Discussion: Anna**    **Read** the following:   * [How to Keep Good Clinical Records](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5297955/) * [Learning to Write Case Notes Using the SOAP Format](http://libproxy.gmercyu.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=buh&AN=7164780&site=eds-live) * Case Note SOAP Format and Sample * State Regulations Pertaining to Clinical Records   + [Mental Health Procedures for State of Pennsylvania](https://www.pacode.com/secure/data/055/chapter5100/chap5100toc.html)   + State of New Jersey [Department of Human Services](https://www.state.nj.us/humanservices/providers/rulefees/regs/)   *Note:* if you reside in a state other than Pennsylvania and New Jersey, locate the state regulations for the state in which you reside.  **Review** the Case of Anna in Chapter 14 of *Clinical Mental Health Counseling in Community and Agency Settings.*  **Imagine** that you are Anna’s counselor and **complete** the following:   * Develop a case note using the SOAP format based on the scenario. * Answer the following:   + Based on her scenario, what level of care do you think Anna needs and why?   + What resources can she access as she learns to develop new coping skills?   **Submit** your case note and responses by Thursday 11:59 p.m. EST.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 3.2, 3.3, 3.4, 3.5 | Case Study Discussion:  one post and replies to three other posts = **1.5 hours** |
| **Levels of Care Essay**  **Read** [Types of Mental Health Treatment Settings and Levels of Care](https://www.northtexashelp.com/mental-health-treatment-settings.html).  **Reflect** on your community agency research presentation.  **Write** a 350–500-word essay to the following prompts. Support your response with supplemental resources.   * The pros and cons of both private and agency practices * The implication of managed care on mental health counselors   **Submit** your essay by Sunday 11:59 p.m. EST. | | 3.6 | Essay = **.5 hours** |
| **Effects of Managed Care on MH Agencies, Counselors and Clients Essay**  **Log in** to [MyCounselingLab](https://www.pearsonmylabandmastering.com/northamerica/mycounselinglab/) and **enter** the *Clinical Mental Health Counseling* course.  **Select** *Assignment and Certification Services* on the navigation menu located on the left.  Then, **select** *Topic Four: Counseling in Mental Health and Private Practice* from the navigation menu.  **Select** *Exercise 4.2(a): Managed Care & MH Counseling* and *Start Test.*  *Note*: You are not taking this test or responding to the text box provided. You will respond to the case study through Blackboard.  **View** “Managed Care” [11:35]  **Take** notes on the following:   * The therapist in this video describes several challenges created by managed care. Describe some of these challenges. (Hint: The therapist indicates that these challenges are present in many professions and are likely unavoidable. Listen carefully to specific pressures the therapist describes.) * The video describes several ways in which managed care negatively impacts mental health counseling. What are some of the benefits that come with managed​ care? (Hint: Think about the implications of a counselor failing to see the relationship between personal behavior and the consequences of that behavior.)   ----------------------  **Select** *Exercise 4.2(b): Managed Care & MH Counseling* and then select *Start Test.*    *Note:* You are not taking this test or responding to the text box provided. You will respond to the case study through Blackboard.  **View** “Limitations of Managed Care” [0:53]  **Take** notes on the following:   * What problem is occurring because the counselor is functioning within a managed care​ system? (Hint: Listen carefully as the counselor explains the​ client's options.) * Identify ethical considerations that counselors should evaluate in situations such as this one. (Hint: Counselors always have the best interest of the client in mind.)   **Write a 350–500-word essay that addresses the impact of the** managed care system on mental health agencies, the counselors they employ, and the clients they serve. Be sure to include details from your notes on the “Managed Care” and the “Limitations of Managed Care” videos and add any relevant supplemental sources to support your claims.  **Submit** your essay by Sunday 11:59 p.m. EST. | | 3.6 | Research and Essay = **1.5 hours** |
| **Total** |  |  | **6.5 hours** |

# Faculty Notes

**Assessment Tools Presentation Sign-up Wiki:** A Wiki has been created for this assignment. However, you must populate the Wiki with the table provided below. Students can then add their replies to each row. Please complete the following steps to populate the Wiki:

1. Navigate to *Course Tools* 🡪 *Wikis*.
2. Click on the Wiki for this assignment.
3. Enter the assignment title in the *Name* field.
4. Copy/paste the following table into the content area, then click *Submit*:

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| **Student Name** | **Career Assessments** | **Adult Personality** | **Cognitive Interventions** |
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| Week Four: Community-based Prevention and Career Counseling | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| 1. Understand wellness-based counseling and wellness models used in counseling. | | CLO5 | |
| 1. Apply the BATHE technique to working with a client. | | CLO2 | |
| 1. Evaluate types of community-basedprevention agencies and services. | | CLO2, CLO3, CLO5 | |
| 1. Identify diagnostic tools for use in prevention and career counseling services. | | CLO5 | |
| ***Resources, Activities, and Preparation***  *Utilize these resources and complete these activities in preparation for your graded assignments.* | | ***Alignment*** | ***AIE*** |
| **Readings**  **Read** the following:   * Chapters 6 and 13 in *Clinical Mental Health Counseling in Community and Agency Settings*.   **View** the following:   * [Today in Clinic: The BATHE Technique](https://www.youtube.com/watch?v=6dNdD4VoLNQ) [5:26]   **Post** any questions, comments, or observations to share with the class in the General Q & A discussion forum. | | Week 4 | Readings =  **1 hour** |
| ***Graded Assignments***  *Complete these graded assessments by the end of the week unless specified otherwise.* | | ***Alignment*** | ***AIE*** |
| **Discussion: Character Analysis Case Study**  **Select** a TV or movie character that has indications of a mental health issue (diagnosable disorder) and one that provides a great number of details. Some examples characters are Charlie from *Two and a Half Men*, Sybil from *Sybil*, Melinda from *Acrimony*, or Bob from *What about Bob?*  **Write** a character analysis based on the BATHE model. Your analysis should answer the following:   * Identify the selected character and give a brief description of him/her. * How would you use the BATHE model to assess your character? * What other professionals would you collaborate with? Be sure to back your responses up with evidence. * If you had to use the Wheel of Wellness, in what area(s) do you think the character needs strength? (Use Figure 6.1, p. 164 for reference) * How would you help your character develop a personal wellness plan? * Identify two potential community-based prevention services/agencies in your area that could help this client and support your rationale for selecting these services/agencies.   **Submit** your analysis by Thursday 11:59 p.m. EST.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 4.1, 4.2, 4.3 | Case Study Analysis =  **1.5 hours**  Discussion: one post and replies to three other posts =  **1 hour** |
| **Presentation: Assessment Tools**  **Review** the following resources:   * Pearson Behavioral Health Assessments - <https://images.pearsonclinical.com/images/ca/catalogs/Psych-Catalog/> * Pearson Clinical Psychology Assessments - <https://www.pearsonclinical.com/psychology.html> * Pearson Talent Assessments - <https://www.pearsonclinical.com/talent.html>   **Select** one assessment tool from each of the following categories (for a total of three assessment tools) to further research:   * Career assessments * Adult personality * Cognitive interventions   *Note*: It is recommended that you select an assessment that fits the population you are currently working with or one with whom you would like to work.  **Research** each assessment tool and **create** a narrated presentation using the presentation tool of your choice (PowerPoint converted to video, Adobe Spark, etc.) that provides the following information:   * Name of assessment * Creator * Year of publication * A brief description of what the aim of the assessment is * Report reliability and validity * The population that the assessment was tested on * Report the population that it is used on (age, gender, etc.) * Any cultural issues that might impact the results   *Note*: You must include between two to four references. All resource citations on slides and the list of references (last slide) must be in APA format.  **Submit** your presentation by Sunday 11:59 p.m. EST. | | 4.4 | Research & Presentation = **1.5 hours** |
| **Discussion: Assessment Tools Presentation**  **Submit** your presentation by Sunday 11:59 p.m. EST. | | N/A | N/A |
| **Total** |  |  | **5 hours** |

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| Week Five: Dealing with Diverse Populations, Crisis Intervention, and Outreach Resources | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Describe implications related to counseling distinct populations in a culturally diverse world. | | CLO2, CLO3 | |
| * 1. Differentiate between the prevention, intervention, and postvention. | | CLO3 | |
| * 1. Discuss different types of crises and ways to provide crisis assessment and intervention. | | CLO3, CLO5 | |
| * 1. Understand ways to assess suicide risk, risk factors and warning signs associated with suicide, and interventions with clients who may be suicidal including how to talk with them. | | CLO2, CLO3 | |
| * 1. Evaluate Crisis Intervention Models. | | CLO5 | |
| ***Resources, Activities, and Preparation***  *Utilize these resources and complete these activities in preparation for your graded assignments.* | | ***Alignment*** | ***AIE*** |
| **Readings**  **Read** the following:   * Chapters 3 and 8 in *Clinical Mental Health Counseling in Community and Agency Settings*. * AMCD [Multicultural Counseling Competencies](https://www.counseling.org/resources/competencies/multcultural_competencies.pdf) * [Motivational Interviewing - Rolling with Resistance](https://health.mo.gov/living/healthcondiseases/chronic/wisewoman/pdf/MIRollingwithResistance.pdf) * [Scaling Client Walls](https://ct.counseling.org/2015/12/scaling-client-walls/) * [Psychological First Aid Tutorial](https://www.merlot.org/merlot/viewMaterial.htm?id=338038) * [Gwynedd Mercy University Mission, Core Values, and Statement of Beliefs](https://www.gmercyu.edu/about-gmercyu/mission) * [Sisters of Mercy Critical Concerns](https://www.sistersofmercy.org/files/documents/resources/Justice/CriticalConcerns-1Pger-FINAL.pdf) * [Sisters of Mercy Social Justice Advocacy](https://www.sistersofmercy.org/what-we-do/social-justice-advocacy/) (Make sure to review the Critical Concerns information at the bottom of the page.)   **View** the following:   * [Motivational Interviewing](http://learningobjects.durhamcollege.ca/interviewing/) * “Confronting Clients Resistance and Responses” [3:15] – Directions for accessing the video are below.   **Log in** to [MyCounselingLab](https://www.pearsonmylabandmastering.com/northamerica/mycounselinglab/) and **enter** the *Clinical Mental Health Counseling* course.  **Select** *Video Resources* on the navigation menu located on the left. Then, **select** *Video Library* from the navigation menu and *Video Library* from the text on the screen. **Search** for “Confronting Clients Resistance and Responses.”  **Post** any questions, comments, or observations to share with the class in the General Q & A discussion forum. | |  | Readings and Content Review =  **1 hour** |
| **Assignment Prep: Youth Behavioral and Mental Health Concerns**  **Select** a behavioral and mental health concern that affects the child and adolescent population. Possible topics include depression, eating disorders, bullying, ADHD, family disruption, grief and loss, addiction, abuse, homelessness, poverty, etc. All topics must be approved by the instructor.    **Conduct** research (using peer-reviewed journal articles and reputable websites only) on the selected topic as well as effective community-based services and interventions.  **Write** a two-page summary that provides the following information:   * Etiology and risk factors * Percentage of children impacted * Percentage of adolescents impacted * Percentage by gender and race/ethnicity * Treatment strategies (specific interventions) * Community-based services - Identify where children and adolescents may be able to receive services   This assignment is due by the end of Week 6. | | 6.2, 6.4 | Research =  **.5 hours** |
| **Assignment Prep: Supporting Families Research Paper**  The definition of a family has changed over time. You will be partnered with one other student and assigned a family type to further research. Your research should focus on investigating issues faced by your assigned type of family, as well as counseling implications, specialized counseling strategies, interventions, and services offered by community mental health agencies in addition to the role of the community-based mental health counselor in working with this population. Your paper must support your work with journal articles or reputable websites.  **Select** one of the following family types by the beginning of Week 5:   |  |  | | --- | --- | | * Minority ethnic | * Gay and lesbian | | * Dual career | * Aging | | * Single parent | * Multigenerational | | * Childless couple | * Military | | * Remarried family |  |   **Write** a 4-5 page (1400- to 1700-word) research paper on your assigned family type that includes the following components:   * Challenges of working with this type of family * Which type(s) of theoretical approach(es) might work with this type of family * Which evidenced-based interventions work with this type of family * Which percentage of all family types this family comprises * What role(s) the community counselor plays * The implications of working with adults * Where families may be able to receive services * Any other information of interest   This assignment is due by the end of Week 6. | | 6.1, 6.3, 6.4 | Research =  **.5 hours** |
| ***Graded Assignments***  *Complete these graded assessments by the end of the week unless specified otherwise.* | | ***Alignment*** | ***AIE*** |
| **Discussion: Assessment Tools Presentation**  **Review** your classmates’ presentations and **post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Thursday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 4.4 | Discussion: one post and replies to three other posts =  **1 hour** |
| **Discussion: Suicide Prevention, Intervention, and Postvention**  **View** [14 Ways to Tell if Someone Is Suicidal](https://www.youtube.com/watch?v=soQoEkuUc9s) [6:34]  **Respond** to the following question by Thursday 11:59 p.m. EST. Provide specific examples to support your answers:     * What prevention, intervention, and postvention strategies would you use? * Interventions you would use (at the prevention, intervention, and postvention levels) * How you would talk to your chosen client (or client that is suicidal)   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 5.2, 5.4 | Discussion: one post and replies to three other posts =  **1 hour** |
| **Discussion: Manuel Case Study**    **Review** the Case of Manuel in Chapter 3 of *Clinical Mental Health Counseling in Community and Agency Settings.*  **Imagine** that you are Manuel’s counselor and respond to the following:   * What are some cultural considerations you would take into consideration during the initial counseling session? * How would you build a therapeutic relationship with Manuel to ease his anxiety about the counseling process? * If Manuel was going through a crisis, which one of the four crisis domains do you think it would be and why? * Using the Six-Step Model of Crisis Intervention, develop a plan for how you would work with Manuel.   Provide specific examples and support your answers with facts from the textbook and supplemental resources.  **Submit** your response by Thursday 11:59 p.m. EST.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 5.1, 5.3, 5.5 | Case Study Discussion:  one post and replies to three other posts = **1.5 hours** |
| **Journal:** **Multicultural Competency Self-Assessment and Reflection**  **Resources:**   * [Gwynedd Mercy University Mission, Core Values, and Statement of Beliefs](https://www.gmercyu.edu/about-gmercyu/mission) * [Sisters of Mercy Critical Concerns](https://www.sistersofmercy.org/files/documents/resources/Justice/CriticalConcerns-1Pger-FINAL.pdf) * [Sisters of Mercy Social Justice Advocacy](https://www.sistersofmercy.org/what-we-do/social-justice-advocacy/) (Make sure to review the Critical Concerns information at the bottom of the page.)   **Complete** the Multicultural Competency Scale.  **Write** an entry that reviews your results and addresses the following:   * Findings that were a surprise to you and why * Identified area(s) of competence and how you demonstrate this in your personal life, career, etc. * How your area(s) of competence align with the GMercyU principles * Identified area(s) for improvement * Action steps that you will take to work on being a multiculturally competent counselor and embodying the GMercyU principles   **Submit** entries by Sunday 11:59 p.m. EST. | | 5.1, ULO5 | Review  Instructor’s  Feedback =  **.5**  **hour** |
| **Total** |  |  | **6 hours** |

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| Week Six: Working with Specific Populations | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Describe issues facing different types of families and the role that the community counselor plays. | | CLO3, CLO5 | |
| 1. Examine behavioral and mental health concerns that affect children and adolescents (e.g., depression, eating disorders, ADHD, family disruption, grief and loss, etc.) and effective community-based services and interventions. | | CLO3, CLO5 | |
| 1. Examine the counseling implications of working with adults. | | CLO3, CLO5 | |
| 1. Identify specialized counseling strategies, interventions, and services offered by community mental health agencies for specific populations. | | CLO2, CLO3, CLO5 | |
| ***Resources, Activities, and Preparation***  *Utilize these resources and complete these activities in preparation for your graded assignments.* | | ***Alignment*** | ***AIE*** |
| **Readings**  **Read** the following:   * Chapters 10-12 in *Clinical Mental Health Counseling in Community and Agency Settings*. * [Community-based Psychosocial Support – A Response Strategy (Draft)](http://www.unicefinemergencies.com/downloads/eresource/docs/2.6%20Child%20Protection/Unicef%20Communit%20based%20PSS-strategy-DRAFT.pdf) * [ADHD: The Facts](https://add.org/adhd-facts/?gclid=EAIaIQobChMIhtSUy73c3QIVGNRkCh2spADVEAAYASAAEgJxmPD_BwE)   View the following:   * [New Release: UNICEF Operational Guidelines on Community-based MHPSS](https://www.youtube.com/watch?v=LGi-C8Ks3sA) [6:04]   **Post** any questions, comments, or observations to share with the class in the General Q & A discussion forum. | | Week 6 | Content Review =  **1 hour** |
| **Assignment Prep: Community-Based Resource Guide**  In Week 7, you will be creating a community-based resource guide. This assignment requires you to research community-based resources and create a resource guide that provides an entry for each located resource that includes the following details:   * Name of facility * Address * Phone number (and e-mail if applicable) * Hours of operation * A brief description of the services offered   The community-based resource guide is due on Friday of Week 7. | | 7.4 | Research =  **1 hour** |
| ***Graded Assignments***  *Complete these graded assessments by the end of the week unless specified otherwise.* | | ***Alignment*** | ***AIE*** |
| **Supporting Families Research Paper**  The definition of a family has changed over time. You will be partnered with one other student and assigned a family type to further research. Your research should focus on investigating issues faced by your assigned type of family, as well as counseling implications, specialized counseling strategies, interventions, and services offered by community mental health agencies in addition to the role of the community-based mental health counselor in working with this population. Your paper must support your work with journal articles or reputable websites.  Select one of the following family types by the beginning of Week 5:   |  |  | | --- | --- | | * Minority ethnic | * Gay and lesbian | | * Dual career | * Aging | | * Single parent | * Multigenerational | | * Childless couple | * Military | | * Remarried family |  |   **Conduct** research using peer-reviewed journal articles and reputable websites only**.**  **Write** a 4- to 5-page research paper on your assigned family type that includes the following components:   * Challenges of working with this type of family * Which type(s) of theoretical approach(es) might work with this type of family * Which evidenced-based interventions work with this type of family * Which percentage of all family types this family comprises * What role(s) the community counselor plays * Examine the implications of working with adults * Identify where families may be able to receive services * Any other information of interest   **Use** APA formatting and be sure to cite all resources.  **Submit** your paper by Sunday 11:59 p.m. EST. | | 6.1, 6.3, 6.4 | Research and  Paper = **2 hours** |
| **Discussion: Youth Behavioral and Mental Health Concerns**  **Select** a behavioral and mental health concern that affects the child and adolescent population. Possible topics include depression, eating disorders, bullying, ADHD, family disruption, grief and loss, addiction, abuse, homelessness, poverty, etc. All topics must be approved by the instructor.    **Conduct** research (using peer-reviewed journal articles and reputable websites only) on the selected topic and effective community-based services and interventions.  **Write** a two-page summary that provides the following information:   * Etiology and risk factors * Percentage of children impacted * Percentage of adolescents impacted * Percentage by gender and race/ethnicity * Treatment strategies (specific interventions) * Community-based services - Identify where children and adolescents may be able to receive services   **Submit** your summary by Thursday 11:59 p.m. EST.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 6.2, 6.4 | Research, Paper and Discussion = **1.5 hours** |
| **Total** |  |  | **5.5 hours** |

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| Week Seven: The Mental Health Counselor as Community Advocate | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Describe the importance of advocacy on multiple levels. | | CLO2, CLO5 | |
| * 1. Recognize the need for client outcome evaluation and ways to evaluate client outcomes. | | CLO2, CLO5 | |
| * 1. Understand the need for systematic program evaluation and the importance of process evaluation and program evaluation. | | CLO2, CLO5 | |
| * 1. Create a Community-based Resource Guide. | | CLO2, CLO3 | |
| ***Resources, Activities, and Preparation***  *Utilize these resources and complete these activities in preparation for your graded assignments.* | | ***Alignment*** | ***AIE*** |
| **Readings**  **Read** the following:   * Chapter 7 in *Clinical Mental Health Counseling in Community and Agency Settings*. * [Purpose and History - NAMI Smarts for Advocacy](https://www.nami.org/getattachment/Extranet/Education-Training-and-Outreach-Programs/Outreach-and-Advocacy/NAMI-Smarts/State-Trainer-Materials/Facilitation-guide.pdf) * [Evaluating Counseling Process and Client Outcomes](https://www.counseling.org/resources/library/VISTAS/2008-V-Print-complete-PDFs-for-ACA/Smaby_Article_22.pdf)   **Post** any questions, comments, or observations to share with the class in the General Q & A discussion forum. | | Week 7 | Content Review = **1 hour** |
| ***Graded Assignments***  *Complete these graded assessments by the end of the week unless specified otherwise.* | | ***Alignment*** | ***AIE*** |
| **Discussion: Advocacy**    Resource:   * [APA Advocacy website](http://www.apa.org/advocacy/index.aspx)   **Select** one of the initiatives listed on the APA Advocacy website and familiarize yourself with the information and linked content provided on the page. **Conduct** supplemental research on the topic.  **Respond** to the following prompts by Thursday 11:59 p.m. EST. Use supplemental resources and provide specific examples to support your answers:   * Why is advocacy an important responsibility of a community-based mental health counselor? * Describe the advocacy initiative that you chose to research. * Explain the importance of advocating for that issue at the local, state, and national levels.   *Note*: APA formatted citations and references are expected.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 7.1 | Research & Discussion:  one post and replies to three other posts = **1.5 hours** |
| **Discussion: Client Outcome Evaluations**    Resources:   * [Evaluating Counseling Process and Client Outcomes](https://www.counseling.org/resources/library/VISTAS/2008-V-Print-complete-PDFs-for-ACA/Smaby_Article_22.pdf) * Chapter 7 in *Clinical Mental Health Counseling in Community and Agency Settings*   **Respond** to the following question by Thursday 11:59 p.m. EST. Provide specific examples to support your answers:     * Why is it important to evaluate client outcomes? * How would you evaluate client outcomes?   **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by Sunday 11:59 p.m. EST.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 7.2 | Discussion:  one post and replies to three other posts = **1 hour** |
| **Discussion: Jenny Case Study**    **Review** the Case of Jenny in Chapter 7 of *Clinical Mental Health Counseling in Community and Agency Settings.*  **Imagine** that you are Jenny’s counselor.  **Write** a 650–750-word response to the following:   * What steps should Jenny take to complete a thorough program evaluation? * What are some examples of methods that Jenny can utilize to complete a program evaluation? * How should Jenny approach discussing the program evaluation with her staff? * What are some repercussions that may occur if Jenny does not follow through with the program evaluation? * Why is it important to have a systematic program evaluation? * What is the importance of process evaluation and program evaluation?   Provide specific examples and support your answers with facts from the textbook.  **Post** your response by Thursday 11:59 p.m. EST.  **Post** constructive criticism, clarification, additional questions, or your own relevant thoughts to three of your classmates' posts by 11:59 p.m. EST on Sunday.  *Note*: This assignment requires a minimum of three Feedback posts along with comments to classmates’ posts to you. | | 7.3 | Case Study Discussion:  one post and replies to three other posts = **1.5 hours** |
| **Community-Based Resource Guide**  **Research** five community-based resources that are appropriate for each of the following referral types:   * Housing/shelters * Food banks * Mental health services * Animal shelters * Financial assistance (rent, medications, and utilities) * Childcare services * Other categories you deem to be a necessity   **Create** a 2–4-page resource document that provides an entry for each located resource. Each entry should include the following:   * Name of facility * Address * Phone number (and e-mail if applicable) * Hours of operation * A brief description of the services offered   **Include** an APA-formatted reference page.  **Submit** your assignment by Sunday 11:59 p.m. EST. | | 7.4 | Research & Paper = **1 hour** |
| **Total** |  |  | **6** |

# Breakdown of Academic Instructional Equivalencies

|  |  |
| --- | --- |
|  | **AIE Hours** |
| **Week 1** |  |
| Required | 6.0 |
| Supplemental | 1 |
| **Week 2** |  |
| Required | 7 |
| Supplemental | - |
| **Week 3** |  |
| Required | 6.5 |
| Supplemental | - |
| **Week 4** |  |
| Required | 5.0 |
| Supplemental | - |
| **Week 5** |  |
| Required | 6.0 |
| Supplemental | - |
| **Week 6** |  |
| Required | 5.5 |
| Supplemental | - |
| **Week 7** |  |
| Required | 6.0 |
| Supplemental | - |
|  |  |
| **Total Required Hours** | 42 |
| **Total Supplemental Hours** | 1 |
| **Total Hours** |  |